

## **PROJECT ABSTRACT**

### **North Carolina Money Follows the Person Rebalancing Demonstration Project**

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**Background:** Since receiving the Money Follows the Person Rebalancing Demonstration Announcement, the North Carolina Division of Medical Assistance (DMA), along with a comprehensive array of stakeholder agencies, organizations, and individuals, have worked to develop a roadmap for rebalancing its Medicaid long-term care (LTC) delivery system.

The Demonstration Narrative documents over twenty years of efforts by the state to develop community alternatives to institutional care. This Application builds upon these past efforts and achievements to move forward with a LTC system that provides an even greater array of home and community-based services and supports. Services and supports designed to promote choice and independence for individuals who are elderly, or have physical, mental, or developmental disabilities.

**Target Populations:** The NC Demonstration, if funded, will develop a process for transitioning individuals out of nursing facilities, state psychiatric institutions, and state centers and intermediate care facilities for the developmentally disabled. This will be accomplished by: (1) developing an array of services and supports that enhance existing HCBS waiver programs, (2) developing additional waiver programs and state plan optional services, (3) developing regional case management teams that will identify and effectively utilize a broad range of services and supports provided by both public and private agencies and organizations.

**Project Goals:** The goals of the Demonstration, broadly stated include:

- Maximizing consumer, advocate, and other stakeholder involvement in the Demonstration planning process;
- Identifying and removing institutional biases that favor institution over community care;
- Providing a more comprehensive array of services and supports that will allow individuals to remain in their home and community as long as possible;
- Establishing mechanisms to better manage and coordinate transition services provided by a variety of state and local public and private agencies and organizations;
- Providing a more comprehensive, efficient, and effective case management service for transitioned individuals; and
- Developing a plan to develop and implement a flexible funding arrangement for LTC that enables available funds to move with the individual to the most appropriate and preferred settings as his/her needs and preferences change.

The total proposed budget calls for an expenditure of \$1,889,359 in administrative expenses and \$37,884,394 home and community-based services eligible for the enhanced FMAP match in CYs 2008 through 2011.